



# *Pend Oreille County*

## WIC Facts: FFY 2004

### Infants Born Served by WIC

County.....53.3%  
Statewide..... 48.6%

### Women, Infants and Children Served

**Total: 401**

Infants and children under 5.....274  
Pregnant, breastfeeding and postpartum women..... 127

### WIC Food Dollar Contribution to Local Economy

WIC Program Food Dollars  
\$137,036  
WIC Farmers Market Nutrition Program Food Dollars  
\$0

### WIC Families

Working families.....**44.8%**  
WIC households with at least one working family member

Families living in poverty..... **80.7%**  
Percent of WIC clients with income at or below the federal poverty level (\$1,307 per month for a family of 3)

### WIC Nutrition Education Promotes Healthy Choices

Total nutrition education sessions.....**911**

WIC nutrition education:

- Emphasizes healthy lifestyle habits so families can eat better and stay active now to prevent obesity and other chronic diseases later in life.
- Promotes breastfeeding for the first year of life. And, with the breast pump loan program, helps mothers continue to breastfeed after returning to work or school.
- Helps prevent early childhood caries by screening for early signs of poor oral health, giving parents ideas for healthy snacks and stressing the importance of dental care by age one.

### WIC Attracts Families to Preventive Health Services

WIC referrals..... **973**

WIC informs families about health related services and provides them with the information and support needed to access them successfully.



\* Maternity Support Services

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## **WIC Agencies and Sites**

**N.E. Tri-County Health District**  
Newport

## **WIC Authorized Grocery Stores**

Food Court  
Safeway

The Falls Market

## **WIC Authorized Farmers Markets**